Positive results from UK single gene PCR testing for SARS-COV-2 may be inconclusive, negative or detecting past infections

Prof. Martin Neil,

School of Electronic Engineering and Computer Science, Queen Mary, University of London

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Abstract

The UK Office for National Statistics (ONS) publish a regular infection survey that reports data on positive RT-PCR test results for SARS-COV-2 virus. This survey reports that a large proportion of positive test results may be based on the detection of a single target gene rather than on two or more target genes as required in the manufacturer instructions for use, and by the WHO in their emergency use assessment. Without diagnostic validation, for both the original virus and any variants, it is not clear what can be concluded from a positive test resulting from a single target gene call, especially if there was no confirmatory testing. Given this, many of the reported positive results may be inconclusive, negative or from people who suffered past infection for SARS-COV-2.

Background

The efficacy of mass population testing for SARS-COV-2 virus is critically dependent on the reliability of the test applied, whether it be a RT-PCR or lateral flow test. Given that many RT-PCR tests do not actually target all the genes necessary to reliably detect SARS-COV-2, the results of mass testing using RT-PCR need to be revisited and reanalysed.

The ONS publish a regular infection survey [1], [20] that includes data from two UK lighthouse laboratories, based in Glasgow and Milton Keynes, where both use the same RT-PCR test kit, to detect the SARS-COV-2 virus. This survey includes data on the cycle threshold (Ct) used to detect positive samples, the percentage of positive test results arising from using RT-PCR, and the combinations of the SARS-COV-2 virus target genes tested that gave rise to positives between 21 September 2020 and 1 March 2021 across the whole of the UK.

The kit used by the Glasgow and Milton Keynes lighthouse laboratories is the ThermoFisher TaqPath RT-PCR¹ which tests for the presence of three target genes from SARS-COV-2² [11]. Despite Corman et al [2] originating the use of PCR testing for SARS-COV-2 genes³ there is no agreed international standard for SARS-COV-2 testing. Instead, the World Health Organisation (WHO) leaves it up to the manufacturer to determine what genes to use and instructs end users to adhere to the manufacturer instructions for use (IFU). As a result of this

¹ The full name for ThermoFisher TaqPath kit is TaqPath COVID-19 CE-IVD RT-PCR.

² N, S and ORF1ab genes

³ Corman et al recommended the E, N and RdRp genes

we now have an opaque plethora of commercially available testing kits, that can be applied using a variety of test criteria. Other UK laboratories use different testing kit, and test for different genes.

The WHO's emergency use assessment (EUA) for the ThermoFisher TaqPath kit [3] includes the instruction manual and contained therein is an interpretation algorithm describing an unequivocal requirement that two or more target genes be detected before a positive result can be declared. This is shown in Table 1. The latest revision of ThermoFisher's instruction manual contains the same algorithm [21].

ORF1ab	N gene	S gene	MS2	Status	Result	Action				
NEG	NEG	NEG	NEG	INVALID	NA	Repeat test. If the repeat result remains invalid, consider collecting a new specimen.				
NEG	NEG	NEG	POS	VALID	SARS-CoV-2 Not Detected	Report results to healthcare provider. Consider testing for other viruses.				
Only one	SARS-CoV- POS	2 target =	POS or NEG	VALID	SARS-CoV-2 Inconclusive ^[1]	Repeat test. If the repeat result remains inconclusive, additional confirmation testing should be conducted if clinically indicated.				
Two or mo	re SARS-Co = POS	V-2 targets	POS or NEG	VALID	Positive SARS- CoV-2	Report results to healthcare provider and appropriate public health authorities, as applicable.				

[1] Samples with a result of SARS-CoV-2 Inconclusive shall be retested one time. Retesting must be performed from the biologial sample originally collected from the patient.

Table 1: Screenshot of results interpretation ThermoFisher TaqPath IFU on page 60 of [3] (their Table 6)

The WHO have been so concerned about correct use of RT-PCR kit that on 20 January 2021 they issued a notice for PCR users imploring them to review manufacturer IFUs carefully and adhere to them fully [4].

Increasing proportion of single gene target "calls"

The ONS's report [1] lists SARS-COV-2 positive results for valid two and three target gene combinations⁴ and does the same in [20], for samples processed by the Glasgow and Milton Keynes lighthouse laboratories. However, it also lists single gene detections as positive results⁵ (See tables 6a and 6b). This use of single gene "calls" suggests that these lighthouse laboratories may have breached WHO emergency use assessment (EUA) and potentially violated the manufacturer instructions for use (IFU). According to the WHO, such single gene calls should be classified as inconclusive test results. However, Section 10 of this ONS Covid-19 Infection survey report [5] on the 8 January 2021 stated that one gene is sufficient for a positive result (emphasis mine):

"Swabs are tested for three genes present in the coronavirus: N protein, S protein and ORF1ab. Each swab can have any one, any two or all three genes detected. Positives are those where **one** or more of these genes is detected in the swab"

Over the period reported the maximum weekly percentage of *positives on a single gene* is 38% for the whole of the UK for the week of 1 February. The overall UK average was 23%. The

⁴ N+S+ORF, ORF+S, N+S and N+ORF gene combinations

⁵ N alone, ORF alone (note that the S gene is included in the ONS analysis but is never counted as a positive if it is detected in isolation)

maximum percentage reported is 65%, in East England in the week beginning 5 October. In Wales it was 50%, in Northern Ireland it is 55% and in Scotland it was 56%. The full data including averages and maxima/minima are given in Table 2.

Figures 1 and 2 show the percentage of weekly single gene positives across the UK nations and English regions. There has been a significant increase in the percentage of single gene positives since the end of 2020, rising from January, and here the rise is steady across all English regions and UK nations.

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21 September 2020	17	17	0	33	0	6	14	22	40	9	18	9	40	58
28 September 2020	13	13	0	0	0	4	13	10	26	9	25	13	24	16
5 October 2020	19	19	14	6	16	8	9	9	11	16	65	32	58	34
12 October 2020	15	15	16	14	21	16	14	13	16	15	19	19	19	18
19 October 2020	19	19	34	24	13	28	12	17	25	18	28	28	19	21
26 October 2020	13	15	4	25	5	11	11	12	17	14	20	16	21	15
2 November 2020	16	16	18	10	23	18	13	13	17	14	23	25	17	13
9 November 2020	21	20	25	40	29	14	19	19	20	25	23	18	21	24
16 November 2020	17	17	10	6	22	11	25	20	18	19	13	13	13	16
23 November 2020	24	23	44	7	34	30	28	26	35	21	22	9	16	22
30 November 2020	29	29	25	18	32	46	40	49	28	24	18	17	29	22
7 December 2020	27	27	21	13	30	47	38	44	25	37	10	13	29	42
14 December 2020	15	15	1	7	29	20	20	23	19	24	10	9	11	31
21 December 2020	13	13	12	0	32	15	25	16	14	18	12	7	9	40
28 December 2020	20	20	19	10	31	29	22	29	19	16	17	15	16	36
4 January 2021	17	16	22	16	35	9	18	22	19	9	11	16	16	22
11 January 2021	29	28	48	23	38	28	29	43	31	18	36	25	28	25
18 January 2021	33	32	42	38	48	41	25	34	32	30	32	31	32	42
25 January 2021	35	33	50	42	35	25	28	28	34	31	37	36	38	39
1 February 2021	38	39	39	49	30	22	28	27	31	30	49	43	47	37
8 February 2021	35	36	16	55	34	32	31	28	35	28	41	40	38	43
15 February 2021	33	33	38	24	39	32	29	33	26	40	32	37	31	26
22 February 2021	31	32	33	9	36	15	30	30	38	35	31	34	32	25
1 March 2021	33	30	44	36	56	50	15	23	38	29	37	40	32	21
Average	23	23	24	21	28	23	22	25	26	22	26	23	27	29
Min	13	13	0	0	0	4	9	9	11	9	10	7	9	13
Max	38	39	50	55	56	50	40	49	40	40	65	43	58	58

 Table 2: Percentage of weekly single gene positives from 21 September 2020 to 1 March 2021, including averages and maxima/minima



Figure 1: Percentage of weekly single gene positives from 21 September 2020 to 25 January 2021 (UK nations)



Figure 2: Percentage of weekly single gene positives from 21 September 2020 to 25 January 2021 (English regions)

Professor Alan McNally, Director of the University of Birmingham Turnkey laboratory, who helped set up the Milton Keynes lighthouse laboratory, contradicted what was stated in the ONS report in a Guardian newspaper article about the new variant. He reported that all lighthouse laboratories operated a policy that adhered to the manufacturer instructions for use: requiring two-or-more genes for positive detection [6] (this policy is also documented in [22], which defines the standard operating procedure reported in [7]).

In correspondence with Mr Nicholas Lewis about single gene testing, in February 2021, the ONS confirmed that they do indeed call single gene targets as positives in their Covid-19 Infection Survey and also confirmed that the samples are processed by UK lighthouse laboratories [8], [9].

As early as April 2020, the UK lighthouse laboratories were testing for single genes and discounted the S gene as early as mid-May [10], months before the discovery of the new variant B1.1.7 (emphasis mine):

"Swabs were analysed at the UK's national Lighthouse Laboratories at Milton Keynes (National Biocentre) (from 26 April) and Glasgow (from 16 August), with swabs from specific regions sent consistently to one laboratory. RT-PCR for three SARS-CoV-2 genes (N protein, S protein and ORF1ab) Samples are called positive in the presence of at least **single** N gene and/or ORF1ab but may be accompanied with S gene (1, 2 or 3 gene positives). S gene is not considered a reliable single gene positive (as of mid-May 2020)."

Indeed, in Table 1 of [10] 18% of tests were positive on one gene only and it was concluded, in Table 2 of [10] that, for people with single gene positives, when Ct > 34, none had symptoms and for people with Ct < 34 only 33% had symptoms.

Furthermore in a Public Health England report on variants [11], published January 8th 2021, it states the goal of using one gene was explicitly to approximate the growth of the new B1.1.7 variant (emphasis mine):

"There has recently been an increase in the percentage of positive cases where **only** the ORF1ab- and N-genes were found and a decrease in the percentage of cases with all three genes. We can use this information to **approximate** the growth of the new variant."

Quality control and cross reactivity

Quality control problems have already been reported in UK laboratories [12, 13, 14] and concerns have been expressed about the potential for false positives arising consequently. Recent suspicion focused on problems potentially caused by exceeding acceptable Ct thresholds, suggesting no, or past, infection. However, this new ONS data shows there may be an additional potentially dominant source of false positives, at least within the period covered by the ONS report, if not from April 2020.

Concerns about testing in commercial laboratories were documented by the ONS as early as May 2020 [15], when the REACT study discovered that circa 40% of positive tests from commercial laboratories were in fact false positives. A similar false positive rate (44%) was reported in Australia [16] in April 2020. More recently Mr Nicholas Lewis claims that, despite very low false positive rates (0.033%) from testing done by non-commercial and academic laboratories, there may be reason to suspect the operational false positive rates from lighthouse laboratories may be worse than these by some orders of magnitude [17].

Obviously, there is a higher risk of encountering false positives when testing for single genes alone, because of the possibility of cross-reactivity with other human coronaviruses (HCOVs) and prevalent bacteria or reagent contamination. The potential for cross reactivity when testing for SARS-COV-2 has already been confirmed by the German Instand laboratory report from April 2020 [18] (note that Prof. Drosten, co-author of Corman et al [2] is a cooperating partner listed in this report). The report describes the systematic blind testing of positive and negative samples anonymously sent to 463 laboratories from 36 countries and evaluated for the presence of a variety of genes associated with SARS-COV-2⁶. They reported significant cross reactivity and resultant false positives for OC43, and HCoV 229E (a common cold virus) as well as for SARS-COV-2 negative samples, not containing any competing pathogen. Likewise, 70 Dutch laboratories were surveyed in November 2020, by the National Institute for Public Health and the Environment [19], with 76 diagnostic workflows reported as using only one target gene to diagnose the presence of SARS-COV-2 (46% of all workflows).

Conclusions

Without diagnostic validation, for both the original virus and any variants, it is not clear what can be concluded from a positive test resulting from a single target gene call, especially if there was no confirmatory testing. Many of the reported positive results may be inconclusive, negative or from people who suffered past infection for SARS-COV-2. Even with diagnostic validation of the single target gene call, the UK lighthouse laboratories appear not to be in strict conformance with the WHO emergency use assessment and the manufacturer instructions for use. Given this it is clear the ONS and the UK lighthouse laboratories needs to publicly clarify their use of, and justify the reasons for, deviating from these standards.

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